

Bega Banter Spring 2016



Welcome to Spring Session 2016

Welcome to our new students at UOW Bega, and welcome back everyone!

We have 16 new students to the campus this session in Arts and Business. This brings our total numbers to:

45 in Arts/Humanities, 55 Nursing, 33 Business/Commerce, 17 Teaching, 3 Early Years Education, 5 Social Science, 28 Pathways and 44 Uni Prep Program, a grand total of 230! Our largest number of students ever.

Welcome also to some new staff members!

Tutors Wendy Law – Research Methods and Statistics, Ute Conway - Nursing Workshops, Paul Morris – Secondary Education, and Jana Welsford – Health and Physical Education.

Student Support Adviser –Ruth McHugh, Regional Careers Consultant – Samantha Morris, & Learning Development Lecturer Mathematics – Julie Davies.

For more information about our support services and staff availability please see the article enclosed in this newsletter.

Bega Campus had some outstanding academic results in Autumn 2016 session, once again beating the odds for such a small campus with several firsts in subjects across the entire university, and a number of our students named on the Deans Merit Lists.

Many thanks also to our scholarship sponsored who have donated more than \$13,000 in grants for our students.

Believe it or not for many students there is only 10 weeks of classes to go and you will be finished your degree!

I look forward to a very positive term ahead and to celebrating with you all at the end of session.

Kind regards,

Sam



Key Dates

Activity	Date
Lectures Commence (weeks 1-9)	25 Jul – 23 Sep
Last day to enrol / add subjects yourself	7 Aug
Last day to enrol / add subjects with Head of School approval	14 Aug
CENSUS DATE	31 Aug
Mid-Session Recess (1 week)	26 Sep - 30 Sep
Lectures Recommence (weeks 10-13)	4 Oct – 28 Oct





Student Support

Nicky Collins



Head Tutor Business

Monday 16:30 to 17:30; Wed 10:30 to 11:30. Other times by arrangement.

Location: Office G13

Email: nicolaco@uow.edu.au

Nicky can help you with any course enquiries and academic support with your studies



Dr Annie Werner



Head Tutor Arts

Mon – 12:30pm-1:30pm

Wed – 9:30am - 11:30am

2:30pm - 3:30pm

Location: Office G13

Email: awerner@uow.edu.au

Annie can help you with any course enquiries and academic support with your studies



Dr Deborah Gough

Lecturer- Learning Development

Tues, Wed & Thurs

Location: Office G15

Email: gough@uow.edu.au

Julie Davis

Maths Support

Email: julie_davies@uow.edu.au

Humanities/Business Maths Support

Thursdays 9:30 – 10:30 in G11

Nursing Maths Support

Fridays 10:30 – 11:30 in 19LCS

Education Maths Support

Friday 12:30 – 13:30 in G10



Melanie Sheehan

Counsellor

Student Consult Hours

Wed 1:00pm-4:00pm

Fri 9:00am-12:00pm

Location: G17

Email: sheehanm@uow.edu.au



Samantha Morris

Regional Careers Consultant

Work days: Monday & Tuesday

Location: G17

Ruth McHugh

Student Support Advisor

Student Consult Hours

Wed 8:30am-12:30pm

Thurs 12:00pm- 5:00pm

Location: G17





Education Update

You're getting great (or at least ok) marks – what about your non-academic capabilities?



At UOW we aim for our students, alongside being informed in their area of study, to also develop skills to be independent learners, problem solvers, effective communicators, and responsible people, acting with integrity.

Employers look for these kinds of skills in applicants, and value them perhaps more than they do grades in a transcript.

For those heading towards teaching, research tells us that effective teachers have motivation to teach, strong interpersonal and communication skills, willingness to learn, resilience, self-efficacy, conscientiousness, and organisational and planning skills. Teacher education programs will be assessing these capabilities in their students – either when selecting students for entry to the program, or during the program itself. It's worth thinking about how you can build the skills and dispositions during your degree.

Where at university can you develop and demonstrate these skills and dispositions?

Your course:

- Why are you here? Your attitude to your studies is an important indicator of things like willingness to learn, self-efficacy, and conscientiousness
- Maintaining motivation is important both to completing your studies, and to non-cognitive capabilities like resilience, conscientiousness and independent learning. Persisting when it's challenging demonstrates these things. Knowing how to draw on available resources, and to maintain your health and wellbeing in these times (eating well, exercising, sleeping, taking time to do something for yourself) is important. Use resources like learning support, counselling to help you to do this.

In classes:

- How you relate to your tutors and fellow students does count
- Your approach to issues such as academic integrity and social responsibility is important

In assignments:

- Organising your time is a valued skill,
- ...and yes, those presentations have a purpose. Work on clear communication skills, and think of each presentation or assignment as workplace preparation
- Group assignments develop teamwork skills that are valued by employers. Use group tasks to build these teamwork skills
- Coping when things are hard, and workload is building up indicates resilience. Develop skills to help with this, such as maintaining relationships, connections; awareness and management of emotions; problem solving and maintaining wellbeing.

Other opportunities such as working with AIME, In2Uni, that are offered alongside your formal studies.

- These develop your skills, help support our community, and demonstrate important dispositions to your future employers. A triple benefit!





Education Update

Science Fair

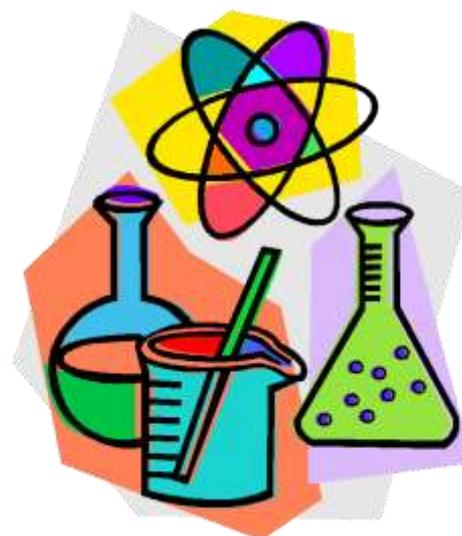
What’s the scientific name for snot and what does snot do? How is our skin different to a snake’s?

On Friday 27th May, Stage 3 students from Bega Valley Public School worked with Masters students from the University of Wollongong to explore the wonders of mucus, taste buds, chemical reactions, the skin and electrical circuits. The lessons developed their understandings of how the body works and how to take care of it.

Rotating through five mini lessons in an hour, primary students had the opportunity to experiment with each other, make some interesting mixtures and take home samples. They discovered that not everyone has the same sense of taste and that mucus plays a vital part in filtering the air for our lungs and is a useful indicator of our health. The rapid fire presentations sparked many interesting questions from the primary students and kept everyone busy.



Careful pouring required for the reactive ‘elephant toothpaste’.



UOWx
Be extraordinary



UOWx “Ambassador”

Introducing UOW Bega’s UOWx Ambassador, Mikayla Larkham!!



UOWx recognises the experience you have outside of your academic coursework which will contribute to your professional and personal employment.

As a UOWx Ambassador, Mikayla will support the UOWx program at the Bega campus. This will include the delivery of events and student initiatives!

UOWx Interactive Seminar

Come along to the first Regional Campus UOWx Seminar!

When: Tuesday 20th July

Time: 12:30pm-2:30pm

Room: G07More details on this event to come!!





Congratulations to Regional Careers Team

Congratulations to the Regional Careers Team for being awarded a Highly Commended for the Vice-Chancellor's Awards for Excellence in Community Engagement.

The Vice Chancellor's Award for Excellence in Community Engagement was established in 2006 to recognise and encourage exceptional community engagement – Well done to all!!

Congratulations Sue Duchesne

Congratulations to Dr Sue Duchesne, Coordinator of the Master of Teaching program at UOW Bega who will be receiving an "Outstanding Achievement in Education Award" !

The award is from ACE - the Australian College of Educators South Coast Regional Group.

<http://www.austcolled.com.au/events/event/outstanding-achievement-in-education-awards-2>

Sue was nominated for the award by UOW, and will be presented at a dinner ceremony by ACE on 30th August in Wollongong.

Well-deserved Sue!

Research Hub

On April 21st Yuin Monaro man Warren Foster delivered a guest lecture to an enthusiastic audience of students, staff and wider community members (pic attached). Warren shared his insights on history and time and the continuing effects of colonisation on Aboriginal people. Warren's lecture has greatly contributed to teaching and learning at the Bega campus with many attendees noting the importance of Warren's insights and knowledge to their own understanding of local Aboriginal history and culture. Dr. Annie Werner, head tutor in the faculty of Laws, Humanities and the Arts noted that Warren's lecture was an 'insightful, inspiring and valuable event'.

Dr. Annie Werner will be presenting at the Research Hub this session so please look out for her up- coming seminar. Dr. Werner will be presenting on her current research which aims to develop a feminist discourse around breast cancer experiences in the Australian context, especially focused on the politics of breast reconstruction after surgery.

For more information about up and coming events at the Hub you can visit their Facebook page at <https://www.facebook.com/thebega.hub>

Conferences

PhD candidate and tutor Jodie Stewart was selected to attend the Environmental history workshop at the ANU in May this year. The week-long workshop was facilitated by prominent Australian environmental historians Tom Griffiths, Libby Robin, Heather Goodall, and South African environmental historian Jane Carruthers. Jodie presented on her PhD research and gained valuable insight into the dynamic and vital field of environmental history. As Jodie explains, 'I was afforded the rare opportunity to discuss my research with experts in the field and to gain invaluable assistance and mentorship from some of the worlds most accomplished historians. This experience has greatly enriched my research and my teaching practice'.





Conferences

In July, Dr Annie Werner attended ENGAGE TO TRANSFORM: the 13th International Conference of Engaged Scholars and Practitioners. This 2 day conference aims to promote collaborative research, practice and dialogue around the role community engagement plays in realising the transformative potential of higher education and research. The paper Dr Werner presented reported on UOW's Bridging and Transition program, which provides access and support for community members who are currently disengaged from education. Dr Werner's paper was very well attended, and provoked a great deal of interest amongst conference delegates. This was in part because of the unique nature of the Bridging program, wherein students are co-enrolled as university students while completing their vocational training. Delegates were also interested in UOW's genuine commitment to our Bridging students' ongoing wellbeing and ultimate outcomes in the university system.

Dr Annie Werner presenting at ENGAGE TO TRANSFORM: the 13th International Conference of Engaged Scholars and Practitioners



Remember to apply to graduate

You **MUST** apply to graduate to receive your official documents (whether you wish to attend a graduation ceremony or not).

The Application Process

Your application to graduate is where you indicate two important things:

1. That you would like UOW to confer your degree, once your eligibility is confirmed. Conferral is the process of 'officially validating' your degree. Once your degree is conferred, your official documents will be mailed to you and you can commence using your qualification, title and post-nominals.
2. Whether you would like to attend a graduation ceremony (this is optional).



Before you apply

1. Check whether you are eligible to graduate.
2. Pay outstanding fees or fines at least three weeks prior to the ceremonies. Find out how to pay your debts.
3. Check your SOLS access as all correspondence about graduation will be sent via SOLS. Checking it regularly is really important!
4. Update your details: Make sure all of your personal details are up to date before you start your application process as this information will be used for your official documents and at the Graduation Ceremony.

Submitting Your Application

If you are ready to graduate you will need to apply via the SOLS 'Graduation Application' before the cut-off date. Unfortunately, late applications will **NOT** be accepted.

After you apply

Notifications about graduation will be sent via SOLS. The important information listed below will appear under 'Graduation Confirmation & Eligibility' and you will receive some messages via SOLSMail. Keep a close eye on SOLS during this time!

Graduation Ceremony Details

All UOW Bega graduates are eligible to attend both the Bega Graduation Celebration on **Monday 5th December from 1pm** at the Bega Commemorative Civic Centre, as well as a Wollongong ceremony (various dates November through to April), should you wish to. Bega Celebrations are free of charge. The Wollongong ceremonies require payment of a \$125 graduation fee.

Should you wish to attend the Bega celebration only (most students only attend Bega) you will still need to **APPLY TO GRADUATE**, but you will need to say **NO** to ceremony attendance (as they mean Wollongong attendance).

Bega celebration invitations for potential graduands and their guests will be sent out via email in November 2016.



In2Uni

In2Uni has been full-steam ahead this year. A quick re-cap on what UOW Bega has been up to in this space:

- Delivery of 12 HSC Bootcamps between the following schools: Bega High, Bombala High, Sapphire Coast Anglican College and Lumen Christi Catholic College
- Mentor representation in the South Coast University Roadshow in March – Presence at Lumen Christi, Eden Marine High and Bega High
- Delivery of 11 Future Finder Workshops between the following schools: Bega High, Bombala High, Sapphire Coast Anglican College and Eden Marine High
- Bega Mentors represented UOW Bega at the ACU Indigenous Dinner at the new Bega Civic Centre on May 11th.
- UNIQUE Experience Day held on June 8th was a great success. Around 80 students attended the day and we received lots of positive feedback regarding our wonderful taster sessions and mentors!



Year 10 Students from UNIQUE I.T. session

- Mentor presence at Sapphire Coast Anglican College, Lumen Christi Catholic College and Eden Marine High subject selection evenings. Great feedback from Mentors – lots of questions asked about UOW and courses available
- We are coming into week 13 of UPP. All sessions are running smoothly and students now starting to think about their Early Admission Applications and refining their interview skills!
- The Bega Campus held its Super Study Day on Wednesday 13th of July, attended by twenty-two keen University Preparation Program (UPP) students. The Super Study Day provided UPP students from Bega High, Eden Marine High, Bombala High, Sapphire Coast Anglican College and Lumen Christi Catholic College with all the tricks required for HSC study success! Students were given the opportunity to complete a ‘mock’ English HSC exam, listen to feedback from HSC markers and engage in future planning activities with In2Uni mentors. A productive day was had by all!



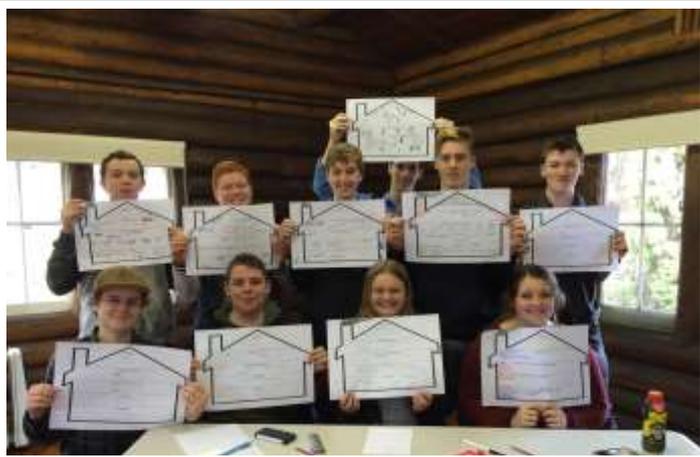
Year 12 Super Study Day





In2Uni

- Delivery of a career workshop for the Gen-I project in Eden. The 13 students participating in the project undertook an activity which required them to become 'builders' of their own career. Students started to think about how they could maximise their employment potential. This included looking at the key resources/skills/education/experience required to achieve their future goals.



Gen-I students 'building' their career!

- ...COMING UP – Year 12 Road to Success workshops at Lumen Christi and Bega High.....

AIME

The first semester has been a whirlwind. We have seen Indigenous High school students from the greater Bega region attend two AIME events at the UOW Bega campus. The high school students have been challenged to dream big, set goals, show kindness and get out of their comfort zone. In the coming weeks they will be working on their art skills, taking on leadership opportunities and meeting some special guests.

Our amazing Uni volunteers have been doing incredible work mentoring and inspiring the next generation. If anyone would like to get involved please get in contact with **Jon Youens** on **0400 463 106**

Stress-Less Workshops

Did you find 1st semester assignments challenging?

Did you have trouble managing competing assignments due at the same time?

Would you like to know the tricks to not getting too stressed?

Would some tips for early organisation, self-care and planning be a great way to sail through Semester 2?

Come and share your ideas, find what works for you to maintain your inner calm and gain some organisational skills to help get you into some good habits BEFORE the tough weeks hit!

Mel will be running 3 workshops:

Wed 17th Aug 2.30-3.30pm

Wed 17th Aug 3.30-4.30pm

Fri 19th Aug 9.30-10.30am



More sessions if these times don't suit you please contact us and we can set up or book an individual session with Melanie. e-mail : sheehanm@uow.edu.au



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UOW Bega Business Partnership Forum

*Connecting you with
your local University*

UOW Bega held its first ever UOW Bega partnership forum in May. The purpose of the event was to share with our community some more of what we do, who we are, what our students and graduates can do, and how we can all work together for the benefit of the wider Bega Valley.

UOW Bega welcomed Professor Ed Arrington, who spoke about critical accounting and moral – which is not a very common combination!

Attendees also had the opportunity to learn about local student and alumni graduate programs, cadetships, professional development and partnership opportunities as well as partake in networking opportunities!

A great night was had by all.

...Check out all our photos from the event on the following page.....





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UOW Bega Open Night

THURSDAY 18 AUGUST - 5.30PM

Discover how you can study at the highest rated uni in NSW* without leaving Bega. You'll get all your questions answered and learn about our degrees in Arts, Business, Commerce, Education and Nursing that have a 5-star rating for getting you a full-time job.*

REGISTER TODAY
bega.uow.edu.au/open-night
or call 6494 7035



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Bega

1 Q&A 2012 Good Universities Guide 2012



UOW Bega Presentation Ceremony

16 community scholarships and 14 academic awards were presented to UOW Bega students at our annual presentation ceremony on Thursday 11 August. Following the ceremony, we held a luncheon to not only recognise the awards but to thank the many community sponsors of the University. Alison Vandenberg gave the vote of thanks on behalf of all students, highlighting the positive impact the community scholarships have on the lives of the recipients and thanking the sponsors for enhancing the ability of students to study within our regional area.





In the news ...

Bega pupils explore science with UOW



UOW's science experts spent the week last week at the UOW Bega campus, exploring the opportunities in regional areas with their students. The experts shared their knowledge and experience with the Bega pupils, who were given a hands-on learning experience. The experts also discussed the importance of science in our daily lives and how it can be used to solve real-world problems. The pupils were given a chance to ask questions and learn from the experts. The experts were impressed by the pupils' enthusiasm and knowledge of science. The experts also discussed the importance of science in our daily lives and how it can be used to solve real-world problems. The pupils were given a chance to ask questions and learn from the experts. The experts were impressed by the pupils' enthusiasm and knowledge of science.

Crucial training boost



UOW's new training centre is making a difference to the region's health professionals. Staff from Bega Valley Private Hospital visited the University of Wollongong (UOW) Bega campus last week for their annual training day. It gives the opportunity to run through scenarios so couldn't normally do" private hospital acute health leader said. "The professionals are changing quickly so it's really important medical and health professionals have the best practice guidelines." The staff were training through 1000 simulated scenarios in a virtual part of surgery suite. UOW campus manager Alan McDonald said the opportunity supports those training. "It is great to be able to make our new Clinical Learning Facility available to health workers within the region and beyond, and we're very pleased to be able to support the training of our health professionals. It's a very complimentary fit for our UOW Bega region."

Proudly part of the community since 1864

Bega District News

TUESDAY, March 22, 2016

Million dollar state-of-the-art nursing simulation space open



The University of Wollongong unveiled its new nursing teaching space at its Bega campus on Friday, March 18. The \$1.5 million Nursing Clinical Learning Facility includes a three-bed hospital ward to enhance the practical teaching and learning environment. Twenty three new students will use the space this semester for simulated learning scenarios.

OPEN: Deputy vice-chancellor Joe Chiarbera, Mayor Michael Brown, vice-chancellor Paul Welings with students Gabe Brandon and Ian Gould.

Nursing local students into community health



UOW's new nursing teaching space at its Bega campus is helping to train the next generation of health professionals. The new space includes a three-bed hospital ward to enhance the practical teaching and learning environment. Twenty three new students will use the space this semester for simulated learning scenarios. The new space is helping to train the next generation of health professionals. The new space includes a three-bed hospital ward to enhance the practical teaching and learning environment. Twenty three new students will use the space this semester for simulated learning scenarios. The new space is helping to train the next generation of health professionals. The new space includes a three-bed hospital ward to enhance the practical teaching and learning environment. Twenty three new students will use the space this semester for simulated learning scenarios.

Bega accountancy firm helping rural students take the next step

<http://www.begadistrictnews.com.au/stories/388552/accountancy-firm-leads-students-a-helping-hand/>

Alasdair McDonald
May 3, 2016, 2:30 p.m.



KOTHES CHARTERED ACCOUNTANTS

Bridges

With the help of Kothes Chartered Accountants, rural students are taking the next step in their education. The firm is providing support and guidance to students who are looking for a career in accountancy. The firm is providing support and guidance to students who are looking for a career in accountancy. The firm is providing support and guidance to students who are looking for a career in accountancy. The firm is providing support and guidance to students who are looking for a career in accountancy.

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LIFE | COMMUNITY NEWS

Invaluable sharing of knowledge



HELPING: AIME's new member Ryan Lombard (right) with Bega with Denise Baker and Steve Wilson. Picture: Alasdair McDonald

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